

CONVERSATION MATERIAL FOR INFORMATION ON ABORTION

1. Explain that you will now talk about abortion, and that you will start by watching a film about it. Explain that the film will include drawings of naked bodies.

2. Watch the film together.

3. Explain that you will now discuss the topic together, and that the participants may ask questions. Feel free to let the participants themselves decide what the conversation focuses on. Below are examples of questions for discussion that you may use.

QUESTIONS FOR DISCUSSION

- Ask the participants to summarize what they thought the film dealt with – was there anything unexpected, new or interesting?
- Summarize together:
 - What is an abortion?
 - How is an abortion performed?
- What does the legislation in your country say about abortion?
- Do contraceptives influence one's ability to get pregnant later in life?
- What might one need to think about following an abortion?
- Which reasons might there be for wanting to have an abortion?
- Which thoughts and emotions might abortion give rise to?
- Who can you contact if you are considering having an abortion?
- How can you support someone close to you who is considering having an abortion?

IMPORTANT TO DISCUSS:

- An abortion should not be dangerous. If performed safely, an abortion does not affect your ability to get pregnant later in life.
- The pregnant person has the right to make the decision regarding abortion. It does not matter if you are single, in a relationship or married – your partner may not make that decision for you.
- As the partner of a woman who has become pregnant, it can be difficult to see a decision being made regarding abortion, one that you do not agree with – i.e. becoming a parent even though it was unwanted. Healthcare providers, women's organisations or similar may offer a contact person with whom you may talk through your feelings.
- People feel differently before and after an abortion – some find it difficult, but most people feel relief. All emotions are okay, and public healthcare may offer a contact person with whom you may talk through your feelings.



FIGHTING FOR BODY RIGHTS SINCE 1933

RFSU was founded in 1933 and is a pioneering Swedish organisation working in the field of sexual and reproductive health and rights (SRHR).

RFSU is a non-profit, non-governmental organisation without party-political, trade union or religious affiliation. Our aim is to spread a knowledge-based and open view of sexuality and relationships issues to overcome prejudices, bridge knowledge gaps and improve sexual health and wellbeing. We run projects and programmes to promote access to sexual and reproductive health and rights — both in Sweden and internationally. Much of this work is done with partners and other organisations. RFSU has a rights perspective of sexuality based on everyone's freedom to be what they want to be, to choose to live as they want and enjoy what they want. The International Planned Parenthood Federation (IPPF) was founded by RFSU and other actors, and RFSU remains IPPF's Swedish member association

**You can read more about RFSU's activities at
www.rfsu.se/upos**



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